

MORETON SPORT

spoilt for sporting choice

#MoreAtMoreton >>>

Moreton Hall

23

Moreton Hall

Scholarship | Gaiety | Humanity



DANCE
SAILING
ATHLETICS
SWIMMING
LACROSSE
CRICKET
HOCKEY
NETBALL
GOLF
FENCING
HORSE-RIDING
PILATES
YOGA
ROWING
ORIENTEERING
TENNIS
SQUASH
FITNESS





Sport is for everyone at Moreton Hall.

Many teenage girls abandon sport - but not at Moreton. We help our students to find something that they enjoy and will carry on out of school. The range of what enjoyable sport means for different girls, is extensive. For some, this is our core team sports; lacrosse, hockey, netball, cricket, tennis, swimming, squash, cross country or athletics. It can also be yoga, dance, fencing, golf or equestrian pursuits.

If we do not offer what your daughter hopes to take part in now, we usually find a way to make it happen – whether internally or working with local clubs.

We understand just how vital exercise is, for physical and mental well-being. Whether being a warrior on the lacrosse pitch or practising mindfulness with yoga. We provide carefully monitored programmes for Elite athletes and the same level of care for those students who are still searching for the activity that fits them best.

The supportive guidance of our expert team of coaches, means that our girls are able to make the best choices for themselves as individuals.

GEORGE BUDD
Principal

ALISON MCDONALD
Director of Sport



100
acres
OF SHROPSHIRE
COUNTRYSIDE

Lacrosse

Moreton has a long history of Elite players.

We ensure students who want to play at junior and senior levels for England and Wales have all the support they need to achieve this.

“

The girls learn so much more than Lacrosse skills or match tactics from events like this. They have all received a first class lesson in 'Leadership' - something that is hard to teach in a classroom.

MORETON HALL PARENT



2019

CROWNED U14

NATIONAL
—SCHOOLS—

LACROSSE
CHAMPIONS



Teams are fielded in every year group at A and B level and the seniors have a 1st, 2nds and 3rds.

Everyone has the opportunity to play Lacrosse and girls arriving through the school are rapidly integrated.

Moreton's 1st team consistently **8** schools feature in the top **8** in the country



ALUMNAE REPRESENTING ENGLAND AND WALES

Serena Grace
Lily Mainwaring
Seren Phillips
Molly Bennett
Ellie Jones
Molly Edwards

WORLD CUP PLAYERS

Hattie Jones
Milly Home
Georgie Grace



Hockey

Hockey is played during the Autumn and Spring Terms at Moreton Hall from U12 through to 1st Team.

A full fixture list means many pupils from across the age groups are involved in the county Hockey teams.

Moreton frequently represents Shropshire at Midlands Regional Finals and individual success has seen pupils selected for the England Hockey Performance Centre and Shropshire Development and Academy Centres.

Pupils have access to enhanced and specialist coaching.

2019

CROWNED U14 & U16

**SHROPSHIRE
COUNTY**

**HOCKEY
CHAMPIONS**

**NATIONAL
FINALISTS** TIER 3



Netball

Netball is one of Moreton's core sports played competitively during the Spring term.

A fixtures calendar enables players of all ages and abilities to compete regularly in local, county and national matches and tournaments, developing the standard of both the individual and the team. Moreton feature as one of the top three schools in the U18 County Tournament



Cricket

“Cricket is one of the toughest sports mentally and requires discipline, concentration and determination, but it has provided me with amazing opportunities.”

MILLY HOME (OM 2019)

MILLY HOME (OM 2019)

Sport
Cricket

Position
International Sportswoman

Sporting Achievements
Selected for Warwickshire County Cricket Club's Academy U19s programme
Women's 1st XI Cricket Team
U17 Bear Prize



Tennis

Tennis is played at a high level at Moreton and we are currently ranked in the top 16 in the country in the Year 9 and Year 10 LTA School Championships.

In addition to group training sessions many pupils receive regular individual lessons from our professional tennis coaches.

KEY TOURNAMENTS AND COMPETITIONS

- LTA Schools National Cup
- ISTA National Championships
- Repton U13 Prep Tournament
- King's Chester U14 Doubles Tournament
- Moreton Hall Tournament
- Midlands Schools Tournament
- North Shropshire Schools Tournament



Squash

Squash is on an upward trajectory at Moreton with more girls playing this fast paced sport. With expert coaching delivered by a Welsh National Squash Player the pupils are best placed to develop their talent and release their potential. Players have been represented in the North Wales Junior League and National Schools Squash Championships.



Athletics

Inter and Junior teams compete successfully through the Summer Term in many track and field events including the ESAA Track and Field Cup, North Shropshire Championships, AA County Championships, County Schools' competition, the Mason Trophy, English Schools' Championships.

Moreton Hall's annual Sports Day encourages participation from every student regardless of their level of ability. Success is shared with divisional house teams and celebration with medals being awarded to top performances.



Swimming

Swimming lessons are offered to all pupils and the majority of our pupils become competent swimmers from a young age. Many swimmers continue to represent their county with the professional competitive swimming group Chirk Dragons

In partnership with Chirk Dragons Swimming Club



ISLA O'BRIEN-MCDONALD

Sport
Golf

Sporting Achievements

Qualified for the England County
Champion of Champions

Gained a single figure handicap,
playing off 3

England's Under 18s Regional
Squad

2nd Place in the Girls' U11 European
Championships

2nd Place in the U16 Girls'
Championships at St Andrews

2nd Place in the U12 Scottish Girls'
Championships.

Golf

Moreton's nine hole golf course provides the perfect onsite facility to foster a love of golf.

Group Golf coaching is delivered to all pupils and enhanced individual tuition is available

Equestrian

Moreton Hall's Show Jumping Team attend regular calendar events and competitions.

Royal Windsor Horse Show pupils have been selected in the GB Junior Equestrian Development Squad.

Fencing

Fencing is a highly tactical sport which is a mental as well as physical battle against opponents.

Moreton Fencers compete in national competitions, notably the Youth Series, where pupils have received podium finishes.





At Moreton we help our pupils to find something that they enjoy and will carry on out of school.

The range of what enjoyable sport means for different people, is extensive.

We understand just how vital exercise is, for physical and mental well-being. Whether being a warrior on the Lacrosse pitch or practising mindfulness with Yoga.

Yoga

Dance

Zumba

Sailing

Pilates

Fitness

Fitness Suite

Our fitness suite is well-equipped with the latest cardio and resistance equipment to help pupils train effectively whatever their fitness goals.



Dedicated Coaches





ALISON MCDONALD
DIRECTOR OF SPORT

Our coaching team has strength and depth of expertise across all sports.

Our passion and love of sports contributes to having a positive impact on pupils' enjoyment, confidence, health and wellbeing.

Pupils have access to enhanced and specialist coaching from teachers and sporting professionals. We invite current international players and coaches to deliver special training days and workshops. We regularly take our students to

events which benefit their physical and psychological development.

Having these strong links assists pupils in gaining the skills, exposure and opportunity they need to develop their sport further.

Through the support of our talented and professional coaches students have been inspired to reach the top of their game.

Moreton students have successfully gone on to represent their country at various levels including:

Super Counties

10 Moreton students represented

National Academies

4 students represented England and
2 students represented Wales

Regional Academies

21 Moreton students represented

International Representation

3 students played at Home
Internationals

“

Sport is for everyone
at Moreton Hall.





Extensive Sporting Facilities



25

METRE INDOOR
HEATED
SWIMMING POOL

12

TENNIS
COURTS

9

HOLE GOLF
COURSE

4

NETBALL
COURTS

4

LACROSSE
PITCHES

2

INDOOR
CRICKET NETS



Moretonian Sporting Success



MILLY HOME (OM 2019)

Sport

Lacrosse

Position

U23 England Player

Sporting Achievements

- Selected for World Cup
- Selected for International Champions
- Represented England Home Internationals

HATTIE JONES (OM 2020)

Sport

Lacrosse

Position

Welsh International Lacrosse Player

Sporting Achievements

- Selected for World Cup
- Selected for International Champions
- Represented Wales Home Internationals



Students are encouraged to develop their interests and standards and reach their full potential in line with their personal ambitions and goals.

We have an alumnae of successful players who have gone on to progress at university and have developed professional sporting careers representing their country at a national and international level.



Scholarships

Our Sports Scholarships are designed to identify athletes who have the potential to excel within their sporting field.

Scholarships are awarded on current ability and potential. Successful candidates will be coached to the highest level and should display a commitment to sport at Moreton Hall.

The Elite Sports Scholarship Programme is aimed at talented sportswomen in Years 6, 7 and 8. It enables students to receive specialist coaching and on-going support before taking up their place at Moreton Hall.

Sports Scholarships are available at 11+, 12+, 13+, 14+ and 16+ entry.

www.moretonhall.org/scholaships

STRETCHING POTENTIAL
REALISING AMBITIONS



Moreton Hall Prep

Scholarship | Gaiety | Humanity



To find out more about Sport in Moreton Hall Prep please visit
www.moretonhall.org/moreton-first

SPORTS PERFORMANCE HUB



Providing first rate coaching, athlete support and sports facilities for leading sports women, offering a world class experience across a range of sporting programmes in Lacrosse, Hockey, Tennis and Golf.

To find out more please visit
www.moretonhall.org/sports-performance-hub



Moreton Hall

Scholarship | Gaiety | Humanity



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